

**DR. AMBEDKAR COLLEGE, DEEKSHA BHOOMI, NAGPUR**

**Lifeline Services Cell**

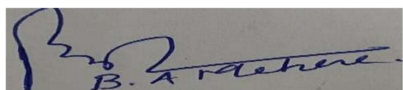
**Guest Lecture : First Aid**

**NOTICE**

You are hereby informed to attend the Guest Lecture on "First Aid" organized by the Lifeline Services Cell scheduled on 18<sup>th</sup> June 2021 at 12.30 pm by Dr. Shadma Quazi, Assistant Professor, Department of Pharmacology, NKP Salve Institute of Medical Sciences and LMH, Nagpur.

The members of lifeline services cell are requested to attend the lecture.

**Time: Friday, 18<sup>th</sup> June 2021 Time: 12.30 pm.**

A rectangular box containing a handwritten signature in blue ink. The signature is stylized and appears to read 'B. A. Mehere'.

Dr. Mrs. Bhumi Mehere

Principal, Dr. Ambedkar College

Deekshabhoomi, Nagpur.

Co-ordinator

Dr. Jitesh Tripathi

Assistant Professor, Department of Mathematics.

Member

Ms Rita Lakakul

Assistant Professor, Department of Biochemistry and Biotechnology.

## Report:

The Lifeline Services Cell of Dr.Ambedkar College, Deekshabhoomi,Nagpur organized a program on “First Aid” on 18<sup>th</sup> June 2021 for the members of Lifeline Services Cell. This program was conducted to create awareness about “First Aid” and to inform the participants about How to give first aid when somebody is in need.

The lecture was delivered by Dr. Shadma Quazi, Assistant Professor, Department of Pharmacology, NKP Salve Institute of Medical Sciences and LMH, Nagpur in the prominent presence of Dr. B.A.Mehere, Principal, Dr. Ambedkar College, Deekshaboomi, Nagpur. All the members of Lifeline Services Cell attended the program and participated in the question answer session in which Dr. Shadma Quazi was very enthusiastic in answering all their queries.

Dr. Jitesh Tripathi, Co-ordinator, Lifeline Services cell, introduced the guests at the beginning. Prof. Rita Lakkakul, Department of Bichemistry, co-ordinated the program. The program ended with the vote of thanks to the Guest speakers, faculties and the students for making the program successful.

## Photographs:



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### ✓ **FIRST AID FOR FAINTING**

- Lay the person flat on the ground **elevate the legs** to coax more blood into your brain.
- If person is on chair, **push his head down between his knees**.
- Loosen tight clothing.
- Avoid crowding the patient.
- Call a doctor if necessary.



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Participant List:

- Dr. Shadma Quazi
- Vikas Bhatnagar
- Bhumi Mahere
- Rushabh Bangre
- Shilpa Rathod
- Umesh Patil
- Aarti Wazalwar
- Kruti Tiwari
- Dr. Harshala Pet...
- Priyanka Soitkar
- Leena Kambhe
- Shital kurve
- Rita Lakshmi
- Anaya Tulankar
- Akshat Hatwar

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### ✓ **NOSE BLEED- FIRST AID**

- **Sit down** and lean forward slightly.
- **Pinch the lower part of the nostrils just below the bony part of the nose** for 10minutes while breathing through the mouth.
- Release nostrils slowly, repeat procedure if bleeding continue.
- Do not touch or blow the nose for about 24hrs. Do not pack the affected nostrils with cotton.
- Bring patient to hospital if necessary.



Sit and lean forward slightly

Pinch nostrils

Breathe through mouth

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Participant List:

- Dr. Shadma Quazi
- Vikas Bhatnagar
- Bhumi Mahere
- Rushabh Bangre
- Shilpa Rathod
- Aarti Wazalwar
- Kruti Tiwari
- Dr. Harshala Pet...
- Priyanka Soitkar
- Leena Kambhe
- Shital kurve
- Anaya Tulankar
- Rita Lakshmi
- Akshat Hatwar
- Sayali Chitre

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## 5. POISONING

- Assess the scene for clues and safety.
- Get victim away from poison if necessary.
- Provide care for any life threatening conditions.
- Check material safety data sheet (msds).

Notify medical staff or on-call doctor.  
Call the poison control center

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Participant List:


- Dr Shadma Quazi
- Vikash Bhatnagar
- Rushabh Bangre
- Kruti Tiwari
- Leena Kambh
- Shital kurve
- Anaya Tulankar
- Sayali Chitre
- college doctor
- Shilpa Rathod
- Aarti Wazalwar
- Dr. Harshala Pet...
- Vidya Chour...
- Rita Lakshmi
- Akshat Hatwar
- Sejal Rahulkar

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## 9. CARE FOR SHOCK



- Keep the victim laying down (if possible).
- Elevate legs 10-12 inches... unless you suspect a spinal injury or broken bones.
- Cover the victim to maintain body temperature.
- Provide the victim with plenty of fresh air.
- If victim begins to vomit - place them on their left side.
- Call 999.

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Participant List:

- Dr Shadma Quazi
- Vikash Bhatnagar
- Rushabh Bangre
- Kruti Tiwari
- Leena Kambh
- Shital kurve
- Anaya Tulankar
- Sayali Chitre
- college doctor
- Shilpa Rathod
- Aarti Wazalwar
- Dr. Harshala Pet...
- Vidya Chour...
- Rita Lakshmi
- Akshat Hatwar
- Sejal Rahulkar
- Prashik

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